

WAIROA COLLEGE

NEWSLETTER

Term 1

Issue 3, 5 March 2020

Message From Our Principal

It has been a very busy few weeks with swimming, athletics and cross country. There has been great house spirit led by our Prefects. Congratulations to all those students who participated and those that placed. Well done. Final results will be announced in assembly next week.



Over the last couple of weeks we have had some incidents of behaviour that are unacceptable. Significant consequences have been given to our students involved as we do not tolerate this sort of behaviour. This is not our normal and it will never be. We are working very hard to stamp this out. If you or your child has any ongoing issues or concerns we are always available to help. You can contact your child's whanau teacher, dean, senior leader or myself. As always your child's education and safety are our number one concerns.

I received this wonderful message last week from a PhD Research Associate from Massey University

Kia ora Jo-Anne

You must be extremely proud of your students. Yesterday, while waiting for my Noodle Canteen order, I met and talked with two of your wonderful students in Napier.

What amazing ambassadors for Wairoa College, taking time to chat and share information about their school and Volleyball Team!

Ka mau te wehi!

Ngā mihi nui

Linda

Our roll numbers have continued to increase. We have approximately 20 more students than this time last year sitting at 510. Thirteen of these are Year 7 and 8 students. What is also pleasing to see is the increased retention rate in the senior school. Students are focusing more on their education and what is needed to pursue their chosen career pathways. Over the next week the finalised results for 2019 will be published from NZQA. Year 12 and 13 students now have access to My Mahi. This is a careers based platform where they can set goals, track their academic progress and research different career options. Mrs Carmine and Ms Hayward have been helping students set up their My Mahi. Students are very enthusiastic about this platform. The roll out for Year 11 will start this week.

EPRO8 was a great success again. We are very fortunate that our students get to take part in this event. Congratulations to the Scientific Nerds who placed 2nd.

We are continuing to support students with their wellbeing through a variety of ways. Andrew Scotson is our Guidance Counsellor, he will discuss with you different ways we can offer support and also other avenues of support to ensure you get what is needed for your child.

MESSAGE FROM OUR PRINCIPAL

Attendance has been a major focus over the last few weeks. Students are expected to arrive on time to class and attend every lesson. We ask that parents continue to support us in making sure their children get to school on time.

Please ensure that your child leaves home in the correct school uniform. We do have a school jersey and jacket if students are feeling the cold. There is no wearing of non-regulation school uniform. We are encouraging students to wear their uniform with pride.

Ngā mihi nui,

Mrs Jo-Anne Vennell

Principal Wairoa College

CONGRATULATIONS

Christchurch was struck with a 7.1 magnitude earthquake on the 4th of September 2010. In response to this natural disaster, University of Canterbury student, Sam Johnson, created a Facebook group called the "Student Base for Earthquake Clean Up" to assist local residents with non life-saving tasks. Sam and leaders of several UC clubs joined and together formed the "Student Volunteer Army" as a collective movement of 11,000 people to help clean up the city. The SVA Service Award was launched to recognise the volunteer efforts of secondary school students, the SVA Service Award is a five level badge based system that records and tracks student volunteering against the Sustainable Development Goals. Our student leaders are involved in this program and it is a great pleasure to award the following students their bronze badges for 35 hours volunteer work. These 2 students are **Monique Kirwan** and **Tiana Douglas**.



*"A friend is someone who helps you up when you're
down,
and if they can't,
they lay down beside you and listen"*

Read at assembly by **Messiah Rore-White**

CORE VALUES

The following students were awarded this week for displaying one of our core values of:

**Caring for each student (Manaakitanga),
Working together (Kotahitanga),
Respect (Whakamana),
and Resilience (Aumangea).**

The following students displayed responsible behaviour during there PAT Listening Test

Rawiri Warner	Resilience & Respect
Tobias Hornby	Personal Excellence
Darryl Poutawa	Kotahitanga
Leitesha Taylor-Bell	Personal Excellence
Madison Te Kahika	Personal Excellence
Jahnei Lafaiki	Personal Excellence
Henare Tawhai	Personal Excellence
Layken Mita-Ngauru	Manaakitanga & Kotahitanga
Dylan Adams-Gray	Personal Excellence
Ashley Atkinson	Respect & Personal Excellence
Grace Whaanga	Respect & Personal Excellence
Aimee McDonald	Respect & Personal Excellence
Kefir Kirwan	Respect & Personal Excellence
Jorden Farhmand	Respect & Personal Excellence
Tom Kerley	Respect & Personal Excellence
Nikki Winiata	Manaakitanga Kotahitanga
Maisy De La Haye	Respect & Kotahitanga
Shawna Swann	Respect & Kotahitanga
Ashlin Swann -	Respect & Kotahitanga



MINISTRY OF EDUCATION RETURN

IMPORTANT

The Ministry of Education require every school in New Zealand to file a return. The school must record and report on a number of items for the Ministry, one of which is attendance.

We ask that for Friday 28th of February, Monday 2nd of March and Tuesday 3rd of March, you write and send in explanation note of absence for your child/ren if they were absent.

Please feel free to email these letters to info@wairoacollege.school.nz. For those students who do not bring in notes there will be letters posted out asking that you explain the absence of your child/ren, please check, date, comment and sign these and return them to the College Office as soon as possible.

(The Ministry will not accept acknowledgement of phone messages for those days. It must be in writing).

Your assistance in this matter would be greatly appreciated

DRIVING SIMULATOR

Last week I had the opportunity to go into a Pro Active Drive Caravan at school that had a driving simulator in it. There were three screens, one which acted as the windscreen and two on the sides as if they were mirrors. There was a real car seat, steering wheel and seat belt. While I was in the caravan practising how to drive I was accompanied by Mrs Clarke and Constable Karangaroa. They both told me where the safest position is to hold the steering wheel, which is on the sides with your thumbs out, and not to grip to hard.

I really enjoyed practicing my driving skills in the driving simulator, because on the driving courses it had the obstacles that you have to face everyday

when driving. I would recommend this to other students, teachers, people and our local community to give the driving simulator a go, even if you have a full license.

I would like to thank Ms Hayward for booking me in so that I was able to practice my driving skills in the driving simulator. Also thank you to Mrs Clarke and Constable Karangaroa for being in the caravan and supporting me with my practice driving.

Thank you

Miriama Grace Hutchins Year 13 Student



EPRO8 CHALLENGE

This interschool competition was held at Wairoa College on Monday 2 March 5:00 – 8:00 pm. The Year 7/8 department entered three teams consisting of:

Scientific Nerds

Kiri Standen Finucane - Grace Ismail - Lavinia Marshall - Mahonri Scotson

Mathematical Nerds

Maisy De La Haye - Ashlin Swann - Charles Vennell - Moby Couper Harker

Brainy Fellas

Shawna Swann - Maggie Powdrell - Rose Greaves

The competition was designed to give students a fun and rewarding introduction to science and engineering. Each student worked well alongside their peers in challenges requiring problem solving, innovation and teamwork. Well done!

Congratulations to the "Scientific Nerds" who placed 2nd in the competition. Our Year 7/8 Department are very proud of the eleven students who also displayed one of our core school values, Te Kotahitanga, working together as one.



MUSIC TRIP

On Monday 24th of February, eight senior music students headed to Napier's Municipal Theatre to be enthralled by PPV's 2020 Festival Opera performances of 'Cavalleria Rusticana' and 'Pagliacci'.

PPV (Better known as Project Prima Volta) is an opera group which sponsors 30 young singers from different locations throughout Hawke's Bay, who may not have known each other beforehand. These young singers are able to practice and develop their talents and showcase them at different events throughout the year. Project Prima Volta, along with Festival Opera sponsored Wairoa College in 2020 by paying for tickets and the cost of travel to head to the opera where many of the talented PPV students had featuring roles. Julia Deans who was once the lead singer in band Fur Patrol also took on a major role – it was interesting to see the crossover between rock and classical opera. A live orchestra was also featured in this performance. Most of our students have never seen a live opera before so this made for an unforgettable experience. What we learned about stage presence and instrument technique will be able to be applied in the classroom during performance times.



MANAIA

Manaia Ferris-Reynolds is a Year 13 student who enjoys BCATS302. This year Manaia has been busy creating her Patu. It is made from hard wood and carefully pokerworked with her design.

Well done Manaia.



CROSSFIT - TUFIT WAIROA

Over the last 5 weeks all of the Year 9 and 10 students had the opportunity to partake in CrossFit sessions at Wairoa College. Our students were put to the test, with every session being physically and mentally challenging. Some of the exercises included wall balls, squats, push ups, burpees and team work exercises. Many of our students pushed themselves to the limit and were very proud of their efforts.



CrossFit challenged students by being resilient, respecting others, showing Manaakitanga and Kotahitanga.

On behalf of the PE Department I would like to thank Melissa Kaimoana, Lenny Ferris, Wayne Hema and Kristen Blake for allowing our students to be immersed in the CrossFit lifestyle and values it teaches. Thank you for taking the time to teach our students important movement skills – we really appreciate it

SWIMMING SPORTS

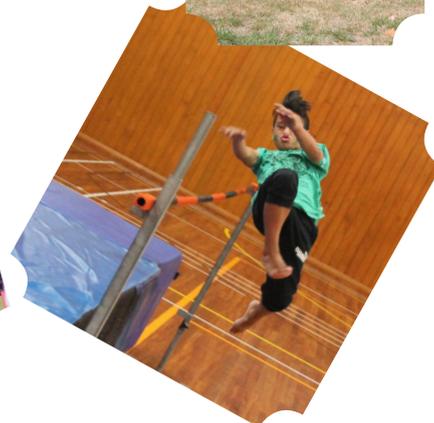
The Wairoa College Swimming Sports were held on Wednesday the 19th of February, 2020. This event was especially well attended by the Year 7 – 8 students from the Junior School. It was pleasing also to observe a variety of Intermediate and Senior Students attend this event.

A special thanks to the junior teachers and student helpers on the day.



**RESULTS FOR SWIMMING AND ATHLETICS WILL BE ANNOUNCED AT NEXT WEEKS ASSEMBLY
WEDNESDAY 11 MARCH
ALL WELCOME**

ATHLETICS PICS



On Wednesday 26th February, our annual Athletics Day was held. We had a great turn out of students representing their houses with lots of costumes and colour! The chant off is always a fantastic way to start the day with houses battling it out for the top spot. We had a lot of students participating in the various events and it was awesome to see many students challenging themselves and stepping out of their comfort zone gaining many points for their House. A big thank you to all of those involved with setting up for the day and helping out. You are all amazing!



NEED TO TALK?



**free call or text
any time**

In the wake of the deeply sad events in Christchurch The Ministry of Health and 1737 have created resources which give advice for those experiencing mental distress, including how to help and support children, and help with grief. You can read more here (</trauma/index.html>).

We're here. Free call or text 1737 any time (tel:1737), 24 hours a day. You'll get to talk to (or text with) a trained counsellor. Our service is completely free.

- Are you feeling anxious or just need someone to talk to?
Call or text 1737
- Are you feeling down or a bit overwhelmed?
Call or text 1737
- Do you know someone who is feeling out-of-sorts or depressed? Let them know they can **call or text 1737**

Whatever it is, we're here.

Free call or text 1737 any time (tel:1737).

Community Services to Support Patients (updated April 2019)

Local Agencies

Health Services

Adult Community Mental Health & Addictions Services DHB – Hastings 06 878 8109 ext. 5700 Napier 06 834 1815 ext. 4220
Alcohol and Drug Helpline – 0800 787 797 Maori Line: 0800 787 798 **Pacifika Line:** 0800 787 799
Emergency Mental Health Service – 0800 112 334
Mash Trust – Alcohol and other Drug Residential Service Provider 870 4239
WIT Alcohol and other Drug Peer Support Group 06 835 2154 027 544 4235 or www.witservices.co.nz (run from Springhill)
Te Poutama Tautoko – Alcohol and Other Drug Services Provided. 0800 627 4878 or 06 870 4239
Whatever it Takes Trust inc. (WIT) Provider a wide range of mental health and addiction peer support services located in HB. Napier 06 835 1604 Hastings 06 871 0430 or 06 8352 2154. team@witservices.co.nz or www.witservices.co.nz

Youth Services

Child Adolescent and Family Services (CAFS) – DHB Child Mental Health Service <18 yrs. – 06 878 8109 ext. 5848
Directions - Free and confidential **youth health and well-being services for 10 - 24 years**. Service provision includes access to GP, nurse clinics, counsellors, social worker, and youth workers. Transport is available if required. The majority of services are Hastings based but we do have nurse clinics and counselling sessions available in Napier and Flaxmere 06 871 5307.
Purena Koa Rehua Youth Services (PKR) – A place where tamariki and rangatahi health well-being, education and holistic development is top priority. Empowering young people and their whanau. Hastings 06879 6434 or 06879 6433
Te Ikaroa Social Services – Supervised, structure programmes for individuals and groups targeted at young people up to the age of 17yrs assessed as being at risk. One-one mentoring. Available for those who are aged from 9 – 18 yrs, identified as being at risk and live within HB. Flaxmere 06 879 9495 06 879 6080
Waiapu Anglican Centre – Early Childhood Services Napier 06 835 8230
Youth line – 0800 787 984

Community Services

Dove Hawkes Bay – is committed to serving the community, families and individuals whose lives are impacted upon by family violence. www.dovehb.org.nz Napier 06 843 5307
Family Works East Coast – offers a range of social services for children, young people, families and whānau, facing challenges in their lives, which they are not able to overcome on their own. www.familyworks.org.nz or Hastings 876 2156
Growing Through Grief – grief and loss programmes and support for children, youth, adults. Contact Sandie Speeden 06 873 4962 or 027 555 6707 gtghawkesby@seasons.org.nz
Open Home Foundation HB Family Support Services – Social work services, Care services (foster care) OASIS – respite care for children, young people and people with disability, to support families to continue the primary care of children with Autistic Spectrum Disorder or with Intellectual Disability. Hastings 06 878 6682
Roopu A Iwi Trust – Social Work support, Crisis Support, Home Based Services, Parenting Support, Advocacy, Violence Prevention, Anger Management, Whanau Support Services, Budgeting Assistance, Preventative and Development Support, Information and Advice Service, Advocacy and Liaison between Agencies, Schools and Whanau, Support Whanau at Whanau Hui, Strengthening Families. Service also includes respite care. Maraenui 06 843 1590
STAROS Support Group for those bereaved by Suicide – Helping people to manage the impact suicide has on their lives. 027 286 4071 or 027 384 6833 www.staros.org.nz www.facebook.com/StarosHB
Te Kupenga Hauora – Ahuriri Health, Social & Youth Services for the whole Whānau 06 835 1840
Te Rangihaeata Oranga Gambling Recovery Service – Gambling recovery counselling and social support for anyone affected by gambling related harm. 06 876 6267 www.gamblinghb.co.nz
Te Taiwhenua o Heretaunga – provides a full range of health services, education and social services for Maori in Hawkes Bay 06 871 5350
Te Whare Puroto Maori Women's Refuge – Community Support and Advocacy 06 878 2042 or 0800 REFUGE

Specialist Services

Flaxmere Drop in Centre, Methamphetamine support – Marcelle Raheke 021 681 374
HB Transgender Support/Social Group – ph. /text 020 409 72262 hbtransgender@gmail.com www.agender.org.nz
Sands – Pregnancy, baby & infant loss support 06 843 6003 or 843 4911

National helplines

Healthline – 0800 611 116

Lifeline – 0800 543 354 (0800 LIFELINE) or free text 4357 (HELP)

Need to talk? – Free call or text 1737 any time for support from a trained counsellor

Samaritans – 0800 726 666

Suicide Crisis Helpline – 0508 828 865 (0508 TAUTOKO)

Helplines for children and young people

Aunty Dee – www.auntydee.co.nz is a free online tool that you can use on your mobile tablet or personal computer.

Kidsline – 0800 54 37 54 (0800 kidsline) for young people up to 18 years of age. Open 24/7.

Need to talk? – Free call or text 1737 any time for support from a trained counsellor

thelowdown.co.nz – or email team@thelowdown.co.nz or free text 5626

What's Up – 0800 942 8787 (for 5–18 year olds). Phone counselling is available Monday to Friday, midday–11pm and weekends, 3pm–11pm. Online chat is available from 5pm–11pm 7 days a week, including all public holidays.

Youthline – 0800 376 633, free text 234 or email talk@youthline.co.nz or online chat (11-11 7 days)

Help for parents, family and friends

Family Services 211 Helpline – 0800 211 211 for help finding (and direct transfer to) community based health and social support services in your area.

Need to talk? – Free call or text 1737 any time for support from a trained counsellor

Parent Help – 0800 568 856 for parents/whānau seeking support, advice and practical strategies on all parenting concerns. Anonymous, non-judgemental and confidential.

Skylight – 0800 299 100 for support through trauma, loss and grief; 9am–5pm weekdays.

Supporting Families In Mental Illness – For families and whānau supporting a loved one who has a mental illness. Auckland 0800 732 825.

www.commonground.org.nz – a website hub providing parents, family, whānau and friends with access to information, tools and support to help a young person who is struggling.

Specialist helplines

0508MUSICHELP – The Wellbeing Service is a 24/7 online, on the phone and in-person counselling service fully funded by the NZ Music Foundation and provided free of charge to those in the Kiwi music community who can't access the help they need due to hardship and other circumstances. Call 0508 MUSICHELP.

Alcohol and Drug Helpline – 0800 787 797 or online chat

Anxiety phone line – 0800 269 4389 (0800 ANXIETY)

Are You OK – 0800 456 450 family violence helpline

Depression Helpline – 0800 111 757 or free text 4202 (to talk to a trained counsellor about how you are feeling or to ask any questions)

EDANZ – improving outcomes for people with eating disorders and their families. Freephone 0800 2 EDANZ or 0800 233 269, or in Auckland 09 522 2679. Or email info@ed.org.nz.

Gambling Helpline – 0800 654 655

OUTLine NZ – 0800 688 5463 (OUTLINE) provides confidential telephone support for sexuality or gender identity

Quit Line – 0800 778 778 smoking cessation help

Rape Crisis – 0800 883 300 (for support after rape or sexual assault)

Seniorline – 0800 725 463 A free information service for older people

Shakti Crisis Line – 0800 742 584 (for migrant or refugee women living with family violence)

Shine – 0508 744 633 confidential domestic abuse helpline

SPARX.org.nz – online e-therapy tool provided by the University of Auckland that helps young people learn skills to deal with feeling down, depressed or stressed

Vagus Line – 0800 56 76 666 (Mon, Wed, Fri 12noon – 2pm). Promote family harmony among Chinese, enhance parenting skills, and decrease conflict among family members (couple, parent-child, in-laws) and stop family violence

Victim Support - 0800 842 846

Women's Refuge Crisisline – 0800 733 843 (0800 REFUGE) (for women living with violence, or in fear, in their relationship or family)

www.depression.org.nz – includes The Journal online help service

For any changes please contact Kerry Gilbert Suicide Prevention Coordinator 027 503 6133 or kerry.gilbert@hbdhb.govt.nz

TERM 1 CALENDAR OF EVENTS

MAR

5	-	EIT Agriculture
	-	NZST Liason
6	-	Trades Gisborne
10	-	District Swimming Year 7 & 8
	-	Mates N Dates
12	-	EIT Agriculture
13	-	Trades Gisborne
16 to 26	-	Services Induction Trip to Waiouru
16	-	Queenstown Resort College
17	-	Mates N Dates
	-	Immunisation Yr 7 & 8
18	-	Cricket 8s
19	-	EIT Agriculture
20	-	Trades Gisborne
24	-	Mates N Dates
26	-	EIT Agriculture
	-	White Ribbon Presentation
27	-	Trades Gisborne

APR

2	-	Inzone Event
2	-	EIT Agriculture
3	-	Trades Gisborne
	-	Careers Expo
7	-	Careers Expo Yr 12 & 13 Gisborne
9	-	EIT Agriculture
	-	Last Day of Term 1

Wairoa College Web Portal

Sign in to have access to your child's timetable, attendance details, pastoral records, NCEA summary, reports, etc

How to install:

1. Contact the school to receive user name and password.
2. Go to Wairoa College Website
3. Click on Web Portal



CLICK HERE TO ACCESS THE KAMAR
WEB PORTAL



Follow us on Facebook to see more of what's going on at Wairoa College:
<https://www.facebook.com/wairoacollege>

FREE LIVE ONLINE INFORMATION SESSION FOR WAIROA COLLEGE STUDENTS AND SCHOLARSHIPS AVAILABLE IN 2020

Student Exchange Australia New Zealand is a not-for-profit organisation that is registered with all state and territory Departments of Education around Australia and with the Ministry of Education in NZ. We are the first and only secondary exchange organisation in Australia and New Zealand to be certified to ISO 9001 (Quality Management System) and we ensure the highest standards of care and support to our participants.

We are hosting a special FREE Live Online Sessions for students and their families on Thursday, 5th March at 7.30pm (AEDT) / 9.30pm (NZT).

The LIVE Online session gives students and families the opportunity to learn more about becoming an exchange student and the various scholarship options that are available in 2020.

Students can find out more about our exchange programs to over 25 countries, listen to former exchange students share their experience and learn about our scholarships and discounts on offer in 2020.

Please be aware that we now offer 14 partial scholarships each year for semester and year applicants. See our website for more information.

"You come back a different person, with so much more confidence & you feel that you can conquer the world" Jessica, Semester Program to Italy

FREE LIVE ONLINE INFORMATION SESSION FOR STUDENTS & FAMILIES

Hear from our very experienced, Senior staff, find out more about discounts and scholarships available and ask questions.

Thursday, 5th March at 7.30pm (AEDT time), 9.30pm (NZT)

Register now

Visit www.studentexchange.org.nz
or call 0800 440 079 for more information