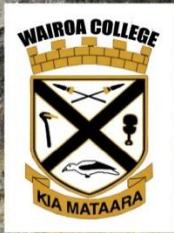


WAIROA COLLEGE

Raising student achievement through building strong foundations



Vision: Success for all | Motto: Kia Mataara - Be Vigilant | Symbol: The Rock - Building Strong Foundations

STRENGTH | UNITY | FOUNDATION

March 29, 2018

Term 1, | Week 9



Easter Weekend

Friday, 30 March to Tuesday, 3 April

Students Return to school on
Wednesday, 4 April

MESSAGE FROM OUR PRINCIPAL

Tēnā Koutou Katoa

Last week I attended the SPANZ Principals Conference. It was exciting to hear from some truly inspirational speakers. My highlights were Dr Shimi Kang, Dr Lucy Hone presenting on Well-being and Marcus Akuhata-Brown who took us through the history of Maori Education. I have invited Marcus to travel to Wairoa College and present to our staff and students. His presentation was very powerful and I am positive he will inspire our young people to get to know and understand their past and where they come from and to look forward to what they can do to make a difference.

Dr Shimi Kang spoke about the **Key 21st Century Skills**

- Communicate
- Collaboration
- Critical thinking
- Creativity
- Contribution

She also presented on the **3 things humans are not doing enough (POD)**

1. Playing (learning) - encourages innovation - allows mistakes, critical thinking, creativity, to try new things, disregard outcome or evaluation
2. Others (social connections) - mentor programmes, helping others, contributing to class routines, face to face
3. Downtime (rest) - transition times, mindfulness, breathe, go outside, read a book

Research that she presented on Teen trends were:

- Less dating
- In no rush to drive
- Not hanging out with friends
- More likely to feel lonely - major future health problem **LONELINESS**

Lucknow St | Phone 838 8303

As a school and community we need to keep these ideas in mind. The wellness of our young people is essential if they are to be successful.

I am very pleased to see a much improved attendance rate at Wairoa College. When students are in the classroom they can not help but improve their learning. Year 13 Students; whose attendance rate is above an expected level have been issued with a Leave Pass for lunchtimes. At the end of this term I will review their attendance again and only those that have maintained a very good attendance rate will continue to have a Leave Pass.

Our theme this year is Personal Excellence. I have been delighted to hear examples from teachers where students have been striving to do their best. In assemblies I have been encouraging students to “Dream Big” and reflect on what they have been doing and what they could do to improve their learning even further.

Ngā mihi nui

Mrs Jo-Anne Vennell

Mix and Mingle

On Wednesday the 12th of March, the year 13 senior leaders of 2018 applied a second Year 7 Mix and Mingle. The event was a Treasure Hunt where the year 7 students were placed into four groups accompanied by a senior. A Treasure Hunt was implemented to benefit the year 7 students and help them to understand the main foundation of our school (R.O.C.K) and where the out of bounds areas are around



the school. Each team was given a map of the school and a rubbish bag. The objective of the Treasure Hunt was to use the map to find the four hidden treasures (balloons) planted randomly around the school. Each balloon had a clue inside it and at the end the team needed to figure out what word the clue made. Each clue had a significant meaning towards what each of our four foundations of our school represents - (Respect. Ownership. Choices. Kotahitanga) We as seniors are super proud to say it was a huge success and we are certain that the year 7's had a lot of fun. We hope as Tuakana and leaders of our school we have implemented a great way for our Teina to know more about the foundation of our school, Te Toka

Tumoana. Kia Mataara.

Year 13 Senior Leaders of 2018,

Thank you, Hinehea-Rose Keil





Driver Licence Success

Congratulations to our recent group of learner drivers - 100% pass rate!!
Rhys Johnson, Melchior Atzwanger, Ezra Toromata, C J Paul, Zoe Solomon,
Cameron Spence, Carlos Harris, Keoni Clark, Jayne-Arye Wanoa-Manawatu,
Waimarie Pouwhare, Hemi Thompson

Also passes for restricted licence: KaznaiaThompson-Perston and Zen Newton



PE Student of the Week

Week 7

- 7C Zade Thompson-Maxwell – for being helpful and supportive (for relief teacher).
- 9R Steven Te Kahika - for outstanding participation.
- 9O Aralei Rudd - for leadership and organisation.
- 9C Harlym Baty - for being well-prepared and 100% participation
- 9K Troy Colquhoun - 100% participation in PE

- 10R Te Kauhu Barber - for leadership and empathy.
- 10O TJ Wright - for leadership and 100% participation
- 10C Tiale Keefe-Taeoali'i - always displaying a positive attitude in PE
- 10K David Malcolm - displaying a positive attitude in PE.

- L1 Sam Edwards - 100% participation and demonstrating leadership skills.
- L2 Joseph Ormond - displaying a positive attitude in practical lessons.
- L3 Kristen Munro - displaying 100% effort and participation in practical and theory lessons in PE.

Week 8

- 7C Ayla Ranginui – for supporting and encouraging others

- 9R Starnce Hiko – for always being prepared and giving 100%
- 9O Will Taylor – for a positive attitude and 100% participation
- 9C Rangi Te Kahika – for positive attitude and participation in Ki-O-Rahi
- 9K Henare Tawhai – consistently displaying hard work in PE

- 10R Naleeah Blake – for 100% participation and umpiring in Netball
- 10O Tayjah Smith – for participation in Ki-O-Rahi
- 10C Ripeka Waiwai - 100% effort throughout the Ki-O-Rahi lessons
- 10K Kayla Wairau - 100% effort throughout the Ki-O-Rahi lessons

- L1 Jacquin-Silas Kawana - consistently bringing correct PE gear and always putting in 100% effort.
- L2 Clay Wesche - consistently bringing correct PE gear and always putting in 100% effort.
- L3 Taurion Colquhoun - consistently displaying a positive attitude towards his learning in PE.

Aotearoa Maori Netball Tournament 2018

Four Wairoa College netballers have been selected to play in the annual Aotearoa Maori netball tournament during the Easter weekend. Wreyon McCormack-Wesche, Hinehea-Rose Keil, Tiana Douglas and Ruby Mildon have all been selected following trials late last year and in January this year. Wreyon will play in her second year for the Tairawhiti Under 17 team. Last year she had an outstanding tournament in Auckland where she was selected in the tournament team as one of the top 10 players in the under 17 grade. Tiana and Ruby will play for the Tairawhiti Under 15 team. This will be the first time for both girls playing at the tournament. Hinehea-Rose will this year play for the Waiariki Under 19 team following her previous 5 years representing Tairawhiti. Her decision to play for the Waiariki region was to acknowledge her Mother's side and whānau who hail from Rotorua. All four girls are looking forward to playing at the 2-day tournament that will be hosted by the Tairawhiti rohe (region) in Gisborne.



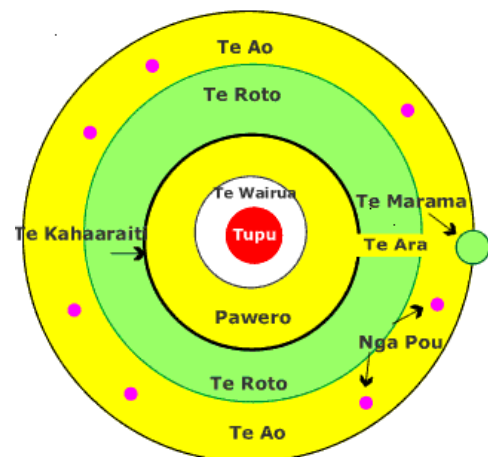
Photo from left to right - Hinehea-Rose Keil, Wreyon McCormack Wesche, Tiana Douglas, Ruby Mildon.

Ki-O-Rahi

Over the last 2 weeks, the PE department have been lucky to have Esta Wainohu teach the year 9 and 10 students Ki-O-Rahi during their PE lessons. Esta is based at the Community Centre and her role is the Kaimahi Hakinakina ki Te Wairoa. Ki-O-Rahi can be played both indoors and outdoors and incorporates all levels of physical ability. Ki-O-Rahi is a traditional Maori game that incorporates all dimensions of Hauora such as running, sidestepping, being evasive with the ki, one handed and two handed accurate passing and catching, flag/tag ripping skills, jump shots and accurate shooting/throwing, blocking, communication and team work, supporting team members, encouraging positive plays and intrinsic motivation.



Ki-O-Rahi incorporates Matariki with the 7 Pou representing the 7 stars of Matariki. The whakapapa of ki-O-Rahi is based on the Purakau (legend) of Rahitutakahina and the rescue of his wife Tiarakurapakewai. An outline of a Ki-O-Rahi field is pictured below:



Ki-O-Rahi is a large team game played between two teams, “Kioma and Taniwha” on a large circular field. Teams can alternate roles of Kīoma and Taniwha at half or quarter time. Kīoma score by touching the Pou with the Ki (ball) then running the Ki through Te Roto and placing it down in the Pawero to convert pou touches into points. The Kīoma team stop the other team, Taniwha by tagging or pulling the ripper tags off them.

The Taniwha team score by hitting the Tupu with the Ki. Kīoma will have Kaitiaki (guardians) around the Tupu to stop Taniwha from hitting the Tupu. Depending on which variation is being played, Taniwha must stop Kīoma from scoring by either touching, 2 handed touch, ripping the tag or tackling them in the appropriate area.

How to Play

- Play is started from Te Marama, with the Kioma team to throw or kick the ki to a teammate in Pawero area.
- Kioma attempt to pass the ki to team mate who touches a pou (for a potential point) then can touch more pou to accumulate more points or run it through Te Roto then place the ki on or over the Pawero line to convert all pou touches into points on the board. (This is the only time they can enter Te Roto).
- Kioma cannot go through or over Te Ara to score.
- If a kioma player is “tagged” in Te Roto while trying to score it is a hand over, if they run into Te Roto and run or pass the ki back out without being touch they retain possession but the pou touches are re-counted.
- Kioma scores and play restarts with a kick off from Te Marama.
- Taniwha scores by hitting the Tupu with the ki and play carries on.
- Jump shots may be allowed if the taniwha player jumps from Te Roto and releases the ki before landing in Pawero, they must leave immediately and not affect play or Kioma gain possession.
- Players in possession must be moving or they have 3-5 seconds to pass or shot or hand it over.
- Players cannot enter Te Ara, unless they are kioma moving between the Pawero and Te Ao.



There are different zones or areas where each team can and cannot go. Kioma can go into Te Marama, Te Ao, Pawero zones. Te Ara is for the Kaitiaki/guardians to get in and out of Pawero to help attack or defend the Tupu. Kīoma when running through to covert Pou touches into points can only use Te Roto. Taniwha can go into Te Roto and Te Ao zones only.

On behalf of the PE Department, I would like to thank Esta for coming in to share her knowledge and experience of Ki-O-Rahi with our students. We thoroughly enjoyed having you in our PE lessons interacting with our students and developing their Hauora.

Thank you!

M Goldsmith
HOF Physical Education

National Aquarium Experience

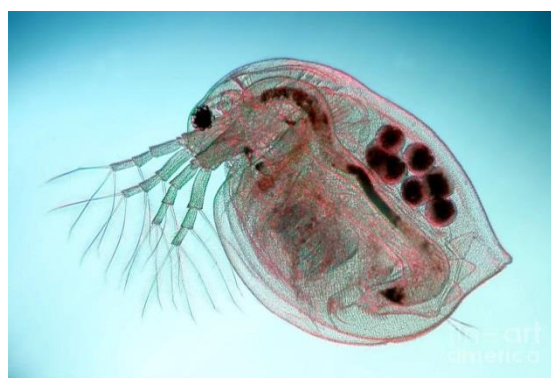
The Level 3 Biology class spent two days at the National Aquarium in Napier. The first day was an introduction to the laboratory to familiarise themselves with small crustaceans called Daphnia (more commonly known as water fleas). The students had to research and plan experiments using these animals to fulfil requirements for their practical investigation. They also experimented with 'Bluey' a blue-tongued lizard and a couple of students were brave enough to hold him!

We spent time with the penguins. The students got close up and personal with 'Dora' a Little Blue penguin and were taken 'behind the scenes' to see where the food for all the animals at the aquarium was stored and prepared. Being locked in the freezer was not much fun but gave an insight to the conditions that a penguin would experience living in Antarctica and how their internal temperature would be maintained.

We looked at all the exhibits in the Aquarium. The kiwi enclosure (kiwis in an aquarium!)) was a favourite one.

The second visit was to carry out the planned Daphnia investigations. The students worked consistently in the laboratory all day and were introduced to two visiting scientists from Detroit, USA. Professor Jeffrey Ram and Michal Ram were both very interested in what the students were doing and spent most of the day with us.

A sincere 'thank you' was given to Carol Larson (Education Coordinator) by Taurion on behalf of our group. Feedback from the students was that both days proved to be a worthwhile learning experience.



New Zealand Services Academy Induction Course at Waiouru

The New Zealand Services Academy Induction Course held at Waiouru over the period 12th to the 23rd of March was very beneficial for our Academy and me. I learned leadership skills, time management, self-discipline, how to be an effective team player and much more through each activity at the Induction. The 2-week course aimed to teach us the lessons above through team building activities, military parade drill, living in the barracks, physical training and adventure based learning. All of which set in place the foundation for personal development, training and education after induction.

There were times when I felt I couldn't go any further, for example, in the cross country run and RFL, but by maintaining discipline that I had been taught throughout the course, I was able to keep running.

The activities I feel I benefited from the most during my time was the confidence course, 30m x 20m tent planning and construction as well as evaluation day. The confidence course involved my team and I climbing over and under obstacles as well as running through water and up slippery slopes. On the confidence course, I used effective communication to encourage my team to make it through each obstacle.

I demonstrated trust by being a 'spotter', making sure the team player I was supporting over the obstacle was safe, and participation by giving it 110%.

Our staff members taught us that effective communication, trust and cooperation are the main strengths of what makes an effective team player.

I felt the 30m x 20m tent planning and construction helped me gain better leadership skills. I obtained the position of safety officer, beforehand I told the Academy of how I felt we could keep the construction safe. During the construction of the tent I made sure my team was safe and gave pointers where I found necessary. By the end I was able to give a 30 second debrief to the Academy, keeping in mind the lesson we had been taught at the beginning of induction on the basics of public speaking.

During evaluation day we were put into different groups and taken to multiple outdoor activities. These activities aimed to show the staff how we work together in a team and if we are using effective communication, trust and co-operation. By remembering the lesson we had on what makes an effective team player.

I aimed to encourage and influence my team as much as possible throughout each activity during evaluation day, as well as give my own ideas, help my team and I complete the given activity. Evaluation day involved constructing a 14 x 14 tent, building a giant slingshot, a memory test game and much more.

I believe the high ropes activity at Induction has inspired me to be a brave individual; this is because before the high ropes I was afraid of heights and relying only on the trust of my teammates. After I had been on the high ropes I felt more confident and am now less afraid of heights, this taught me to trust my team mates and use bravery even when I wanted to give up.

The Services Academy Military Induction Course at Waiouru taught me multiple lessons and values that have set a foundation for my everyday life. I feel that induction has influenced me to work harder and to never give up, it taught me self-discipline, time-management and how to be a team leader. Before induction I did not participate as much as I would have liked to and felt I could not have been a team leader, now that induction is over I know I am an enthusiastic participant.

By Chelsea Nicholas
Wairoa College Services Academy



Brooke Pullar: Induction was a great experience, as it taught me a lot about my peers and myself. Everyone there were all motivated in helping us all have a better future, and a good career path.

Rangiatea Tahuri-Cotter: What inspired me was our platoon staff because they were always encouraging, supporting and always expected our best. They taught us heaps through our great experiences and challenged us to be the best that we can be.

Cassie Carroll: What inspired me was our platoon staff because they taught me a lot about my peers and myself also because they encouraged and supported me to do the things I thought I would not accomplish.

Aaliyah Terry: The food at induction inspired me to eat healthier and eat breakfast every day

Justin Hume: Going to Waiouru Military Camp opened my eyes to a healthier lifestyle and to all the career opportunities in the military, seeing the army personnel up close inspired me to join the army although my career choice in the army is unclear I feel myself leaning towards getting a trade.

Keith Ribbon: During the Induction course, I was inspired to join the Army after I leave school.

Blake Braithwaite: During my time at Induction, I was inspired by our platoon staff to join the army once I finish school.

Tiakiwai King: This course really motivated me towards joining the navy and having a career in the defence force.

Dean Cameron: "To be a good leader you have to be a good follower"

Wreyon Wesche: "What hurts you today makes you stronger tomorrow"

Jaelyn McCafferty: "Going to Waiouru Military Camp made me more confident in joining the NZ Army"

Jai Baty: In Waiouru it was a wonderful experience that I never thought of doing in my life, so I'm thankful and blessed that I was a part of this experience with the Wairoa College Services Academy.

Jacob Paku: The 2 weeks away from home at Induction in Waiouru was really challenging mentally, it was a huge eye opener to opportunities in the forces and a lot of fun. It instilled in me a lot more self-discipline and self-confidence within myself, reminding me of my tiring Cactus mornings and hard out Rugby trainings with Sid Ropitini and Tevita Pasikala. Overall a great experience to be a part of which I'd like to encourage up and coming leaders to take part in when they can! It makes you appreciate the things around us a lot more.

Lennox Rodger: I really enjoyed the Service Academy Induction course as it gave me an insight on the forces, leadership and self-discipline. It was a very good experience that made me want to join the army. Warrant officer class 1 Mokomoko inspired me to join the army and told me he's been in the forces for 30 years and never looked back.

Te Wharekura Ropitini: I enjoyed the experience that helped me mentally and physically, it inspires me to join the defence forces.

Shyanne Smith: It was a special blessing to be able to attend this course, after graduation I self-bettered, grew a mature positive mind-set, developed leadership skills which gave me the opportunity of being selected for the one week Basic Leaders course and overall became a better individual. It left me in a higher place than before.

Jim Doyle: Being in Waiouru for the duration of Induction boosted my confidence for basic training later in the year.

Sio Westerlund: I enjoyed being back in that environment again and had a lot of fun, as I did the induction course through the Wairoa College Services Academy last year as a year 12 student. Being a year 13 senior this year, I feel this opened many opportunities for me and my year 13 peers to step up and be the leaders in every activity included

in this course. Also listening to the inspirational work stories from the military staff has further motivated me in following through my future career pathway, which is to join the Royal New Zealand Navy as a Navy Chef.

Valerie Karaka: I enjoyed the Induction course, everything about it has given me the courage to take control of my future.

Rita Ross: Ehara taku toa - I te toa takitini - Engari, he toa takitini; "Success is not the work of one but the work of many". This sums up my time with the Service Academy in Waiouru during their induction course, 2018. Thank you to our Principal Mrs Vennell for allowing me the opportunity to be part of this awesome experience with our students and the Wairoa College Services Academy Director.

Services Academy Director:

Congratulations to all our Services Academy Students you have done yourselves, whanau, School and community proud. The challenge now is for you to improve from this point on.

"Be a Koha not a hoha"

"Onward"



CALENDAR OF EVENTS

| | |
|-----------------------------|---|
| Friday, 30 March to 3 April | Easter Weekend |
| Thursday, 5 April | Massey Liaison Visit |
| Thursday, 5 April | 1 st XV Rugby at Gisborne Boys High School |
| Tuesday, 10 April | Careers Expo in Gisborne |
| Thursday, 12 April | AUT Liaison Officer Visiting |
| Friday, 13 April | Last Day of Term 1 |
| Monday, 30 April | First Day of Term 2 |

**FOR FURTHER INFORMATION ON EVENTS
DOWNLOAD THE WAIROA COLLEGE
FREE APP AND VIEW CALENDAR OR CONTACT THE OFFICE**

Web Portal

The web portal provides a lot of information that relates to your child. You can access this information by

- Use the direct link at <http://portal.wairoacollege.school.nz/student/index.php>
- Download the KAMAR app for your iPhone or Android smart phone. The server address to use is <http://www.wairoacollege.school.nz/collegeapp.html>

Once you reach the Web Portal, use your child's User Name and the pupil or caregiver password. This can be obtained by contacting the school office.

Web Portal Information

Using the web portal enables you to keep up to date with the following aspects of your child's education:

- School reports
- Absences and timetables
- NCEA results
- Contact detail
- Account information

Free Wairoa College App



It is here! You can download it as the link to our website. The following information can be accessed from the App:

- Your Students Absentees
- Current Newsletter
- School Trips Information
- Alerts
- Notices
- Web Portal
- School Calendar
- Contact Information

Holden Street Smart

By way of introduction, my name is Hayden Dickason, Programme Director for the all new Holden Street Smart youth driver programme.

Holden Street Smart is a world-class, cognitive based driver programme that aims to positively influence the lives of young kiwis across the country. The Programme has been developed with the involvement of world-renowned road safety expert, Peter Sheppard. In addition, passionate road safety advocate, Greg Murphy, is our Programme Ambassador.

Offering a practical hands-on learning experience, Holden Street Smart is a programme that aims to add to, and compliment, the great work already undertaken by NZTA, NZ Police and others in the area of road safety and driving training.

Holden Street Smart is a one-day event providing young drivers and their parents/caregivers the opportunity to undertake supervised driving practice. There is a focus on developing good decision-making strategies for safe driving, including assessing themselves, reading the road environment, resisting peer pressure, managing or eliminating distractions and planning ahead.

The Programme takes place in safe, controlled, off-the-road environments, under the watchful eye of qualified coaches plus the parent/caregiver. This provides the parent the opportunity to also assess themselves, in order to be a better coach and mentor to their teen.

Registrations are now open for our upcoming April School Holidays programme for only \$49 and we would be most appreciative if you would see fit to share this opportunity via your communication channels.

We will be holding Holden Street Smart at the following locations:

| | |
|---------------------------|---------------|
| Christchurch: | 16 & 17 April |
| Cromwell: | 19 & 20 April |
| Taupo: | 24 April |
| Manfeild (Feilding): | 26 April |
| Hampton Downs (Auckland): | 28 & 29 April |

Please feel free to take excerpts from the above programme description or attached recent media release.

We have also attached images that you would be welcome to use, and below is a You Tube link to our introduction video and also a brief one sentence outline of the Holden Street Programme if you might require a quick reference for use on the likes of digital / social media channels:

<https://www.youtube.com/watch?v=oO49nl-gCGU>

Holden Street Smart is a programme that equips young Kiwis with the tools needed to safely drive our roads, well prepared and confident.

Registrations can be completed via the easy to use pages on our website:

www.holdenstreetsmart.co.nz

Thanking you in advance for the opportunity to introduce ourselves and have a great day

Kindest Regards

Hayden

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